Are you adventurous when it comes to food? Watch this video about a famous Italian food – would you be brave enough to try it?

Tasks
Do the preparation task first. Then watch the video and do the exercises.

Preparation task
Match the definitions (a–h) with the vocabulary (1–8).

Vocabulary
1. ...... a delicacy
2. ...... to consume
3. ...... not for the faint of heart
4. ...... to be infested with
5. ...... a maggot
6. ...... off-putting
7. ...... distinctive
8. ...... texture

Definition
a. not suitable for people who are easily frightened or shocked
b. a rare or expensive type of food
c. to eat or drink
d. a worm that will become a fly
e. to have a lot of (negative)
f. the way a food feels in your mouth
g. unpleasant and unattractive
h. easy to recognise because of being different

Task 1
Are the sentences true or false?

1. People in Sardinia have been eating casu marzu for a long time. True    False
2. The name casu marzu literally means ‘dangerous cheese’. True    False
3. Farmers add extra milk to pecorino cheese to make casu marzu. True    False
4. It takes around three months for the cheese to be infested with flies and fly larvae. True    False
5. The cheese passes through the body of the maggots. True    False
6. It is common for people who eat casu marzu to have maggots living inside their body. True    False
7. You can buy the cheese all over Europe. True    False
8. At least three generations of the Ibba family have been making casu marzu. True    False

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Task 2
Write a number (1–7) to put the events in the order they are mentioned.

The cheese is excreted by the maggots, transforming it into soft and creamy casu marzu.

Cheese flies are allowed to lay eggs in the cheese.

Milk is produced by Ibba’s flock of sheep.

The cheese is eaten by the maggots.

A traditional wheel of pecorino cheese is made.

Finally, the cheese is eaten at special occasions such as weddings or birthday parties.

After about 40 days, the cheese is infested with cheese flies and their larvae (maggots).

Discussion
Are there any foods from your country that are unusual?
Answers

Preparation task
1. b
2. c
3. a
4. e
5. d
6. g
7. h
8. f

Task 1
1. True
2. False
3. False
4. False
5. True
6. False
7. False
8. True

Task 2
1. Milk is produced by Ibba’s flock of sheep.
2. A traditional wheel of pecorino cheese is made.
3. Cheese flies are allowed to lay eggs in the cheese.
4. After about 40 days, the cheese is infested with cheese flies and their larvae (maggots).
5. The cheese is eaten by the maggots.
6. The cheese is excreted by the maggots, transforming it into soft and creamy casu marzu.
7. Finally, the cheese is eaten at special occasions such as weddings or birthday parties.