

While you listen

Elementary Podcasts are suitable for learners with different levels of English. Here are some ways to make them easier (if you have a lower level of English) or more difficult (if you have a higher level of English). You can choose one or two of these suggestions - you don't have to do all of them!

Making it easier

- Read all the exercises before you listen to the podcast.
- Look up the words in the exercises that you don't know in a dictionary.
- Play the podcast as many times as you need.
- Play each part of the podcast separately.
- Read the transcript after you have listened to the podcast.

Making it harder

- Listen to the podcast before you read the exercises.
- Only play the podcast once before answering the questions.
- Play the whole podcast without a break.
- Don't read the transcript.

Activity 1 – Comprehension 1. Choose all the sentences that are true according to the podcast.

1. Carolina is still in bed in the afternoon.
2. Emily thinks Carolina is ill.
3. Carolina is unhappy.
4. Carolina tells Emily about what happened yesterday.
5. Emily says Carolina is being stupid.
6. Carolina wants to see her family in Venezuela.
7. Carolina wants to go and see the student counsellor.
8. Emily suggests a day out at the city farm.

Activity 2 – Comprehension 2. Who said these sentences from the podcast? Was it Carolina or Emily?

1. Are you going to stay in bed all day?
2. I'm feeling so unhappy.
3. Yesterday was a terrible day.
4. I felt so stupid.
5. I don't understand people sometimes.
6. Why don't we go out for the day on Sunday?
7. I have to finish my essay.
8. You're working too hard.
9. I'll make you some coffee.

Answers are at the end of this support pack.

Activity 3 - Vocabulary. Use the words to complete the sentences from the podcast.

appointment	counsellor
crying	foreigner
friendly	horrible
miss	on time
relax	worried

1. What's the matter? You look terrible. You've been _____.
2. Most people are _____, aren't they?
3. Come on Carolina! I'm _____ about you.
4. I couldn't understand what he said. It was _____. I felt so stupid.
5. But I'm a _____ here – this isn't my country.
6. I _____ my family. I want to go home.
7. You know there's a student _____ at the university don't you?
8. Are you sure? I can phone and make an _____ for you.
9. I can't do things _____. Everything's late.
10. You're working too hard – you never have time to _____.

Activity 4 - Imperatives 1. Where would you see these signs? Match the places to the signs.

- | | |
|--------------------|------------------|
| a) at a zoo | b) in a theatre |
| c) in a park | d) in a shop |
| e) on a door | f) on a gate |
| g) on a train | h) on a plane |
| i) on an escalator | j) at a bus stop |

1. Queue this side
2. Do not feed the animals
3. Fasten seatbelts
4. Push
5. Do not lean out of the window
6. Beware of the dog
7. Don't walk on the grass
8. Please stand on the right
9. Pay here
10. Turn off mobile phones

Activity 5 - Imperatives 2. Here are some possible rules for an English language classroom. Put the words in the right order.

1. always English class speak in
2. a spelling to dictionary check use your
3. people's laugh never at mistakes other
4. every your do homework week
5. classroom into don't food the bring
6. off mobile turn phone your
7. when don't student another speaking is speak
8. books always class to your bring

Answers are at the end of this support pack.

Activity 6 - Imperatives 3 - British superstitions. Put the words in the right spaces.

blow out	hang
keep	make
open	put
say	throw
walk	wish

1. Never _____ under a ladder.
2. Don't _____ shoes on the table.
3. If you spill salt, always _____ some of it over your shoulder.
4. _____ a horseshoe on your front door to bring good luck.
5. On the first day of the month _____ 'white rabbits, white rabbits, white rabbits' before you say anything else.
6. Never _____ an umbrella indoors.
7. When you see a falling star, _____ a wish.
8. _____ all the candles on your birthday cake and your wish will come true.
9. When you want something to happen, _____ your fingers crossed.
10. Never _____ an actor 'Good luck' before a performance.

Activity 7 - Present perfect continuous. Match the two halves of the sentences.

1. I'm angry because
2. I'm hot because
3. I've got a lot of bags because
4. My eyes are red because
5. My hair's wet because
6. The kitchen is a mess because

- a) I've been crying
- b) I've been running
- c) I've been swimming
- d) I've been waiting for two hours
- e) I've been shopping
- f) the children have been cooking

Activity 8 - Vocabulary - my morning routine.**Put the words in the right spaces.**

brush	clean	get
get up	have	have
leave	listen	make
pick	put	wake up

I usually _____ at 7 in the morning when my alarm goes off. I lie in bed for a while and then I _____ at about quarter past seven and _____ myself a cup of tea. Then I go and _____ a quick shower and _____ dressed. Then I _____ breakfast and _____ to the news on the radio. After breakfast I _____ my teeth and _____ my hair. I _____ my shoes on, _____ up my bag, and _____ the house. I'm off to work!

Activity 9 – Leave a comment.

Where do you go and what do you do to cheer yourself up when you feel sad? Can you visit the countryside and nature easily where you live? What contact do you have with nature in your day-to-day life?

Leave a comment on <http://learnenglish.britishcouncil.org/en/elementary-podcasts/series-03-episode-18> and we'll discuss your answers in the next podcast.

Activity 1

True: 1, 2, 3, 4, 6, 8

False: 5, 7

Activity 2

Carolina: 2, 3, 4, 7

Emily: 1, 5, 6, 8, 9

Activity 31. crying, 2. friendly, 3. worried, 4. horrible, 5. foreigner,
6. miss, 7. counsellor, 8. appointment, 9. on time, 10. relax**Activity 4**

1. j, 2. a, 3. h, 4. e, 5. g, 6. f, 7. c, 8. i, 9. d, 10. b

Activity 5

1. Always speak English in class
2. Use a dictionary to check your spelling
3. Never laugh at other people's mistakes
4. Do your homework every week
5. Don't bring food into the classroom
6. Turn off your mobile phone or
Turn your mobile phone off
7. Don't speak when another student is speaking
8. Always bring your books to class

Activity 6

1. walk, 2. put, 3. throw, 4. hang, 5. say, 6. open,
7. make, 8. blow out, 9. keep, 10. wish

Activity 7

1. d, 2. b, 3. e, 4. a, 5. c, 6. f

Activity 8wake up/ get up/ make / have / get / have /
listen / clean / brush / put / pick / leave

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